



# PANE & PASTA PIZZERIA AND ITALIAN RESTAURANT

## Lunch Menu

**Address:** Corner of Market Street and Nexus Way

**Phone:** (345) 547 9208

**Cuisine:** Italian

## ITALIAN DELI SANDWICHES

On schiacciata (Tuscan crispy bread)

Half/Regular

Substitute any spread for: pecorino cream / artichoke cream / truffle cream / fresh pesto / dijonaise

Cost with fries or salad: \$12.50 (half sandwich) / \$19 (whole sandwich)

### Italia

Prosciutto, provolone cheese, arugula, pecorino cream. Half-sandwich: \$9.50 / Whole sandwich: \$16

### Boss

Mortadella, sweet gorgonzola, arugula, artichoke cream. Half-sandwich: \$9.50 / Whole sandwich: \$16

### Romeo

Italian ham, smoked provolone, arugula, truffle cream. Half-sandwich: \$9.50 / Whole sandwich: \$16

### Works

Prosciutto, salami, mortadella, provolone, artichoke cream. \$9.50 / Whole sandwich: \$16

## HOT SANDWICHES

Add mushrooms or sweet peppers or hot peppers or extra cheese - \$2

### Chicken Parm

Breaded chicken breast, tomato sauce and mozzarella cheese. Price with salad or fries: \$12.50

**CI\$10**

### Steak Parm

Breaded 4oz. N.Y. steak, tomato sauce and mozzarella cheese. Price with salad or fries: \$13.50

**CI\$10.50**

<b>Chicken Milanese</b>	<b>CI\$10</b>
Breaded chicken breast, lettuce, tomato with either dijonnaise (dijon & mayo), bbq sauce, ketchup, dijon mustard or mayonnaise. Price with salad or fries: \$12.50	
<b>Steak Milanese</b>	<b>CI\$10.50</b>
Breaded 4oz. N.Y. steak, lettuce, tomato with either dijonnaise (dijon & mayo), bbq sauce, ketchup, dijon mustard or mayonnaise. Price with salad or fries: \$13.50	
<b>Chicken</b>	<b>CI\$10</b>
Marinated chicken breast, lettuce, tomato with either dijonnaise (dijon & mayo), bbq sauce, ketchup, dijon mustard or mayonnaise. Price with salad or fries: \$12.50	
<b>Caprese</b> <span style="border: 1px solid green; padding: 0 2px;">v</span>	<b>CI\$9</b>
Fior di latte cheese, sliced tomatoes, arugula, extra virgin olive oil, balsamic glaze. Price with salad or fries: \$12	
<b>Italian Sausage</b>	<b>CI\$9.50</b>
Homemade Italian sausage, tomato sauce, caramelized onions, provolone. Price with salad or fries: \$12.50	

## APPETIZERS

<b>Garlic Bread</b> <span style="border: 1px solid green; padding: 0 2px;">v</span> <span style="border: 1px solid green; padding: 0 2px;">Vegan</span>	<b>CI\$4</b>
Homemade sourdough bread with fresh garlic, olive oil and herbs. Add cheese - \$2	
<b>Meatballs</b>	<b>CI\$9</b>
Homemade meatballs in tomato sauce served with shaved parmesan	
<b>Bruschetta</b> <span style="border: 1px solid green; padding: 0 2px;">v</span> <span style="border: 1px solid green; padding: 0 2px;">Vegan</span>	<b>CI\$10</b>
Diced fresh tomatoes, garlic, basil, oregano	
<b>Calamari</b>	<b>CI\$13</b>
Crispy Italian tempura with tomato arrabbiata sauce and lemon wedge	
<b>Farinata</b> <span style="border: 1px solid green; padding: 0 2px;">v</span> <span style="border: 1px solid green; padding: 0 2px;">Vegan</span>	<b>CI\$12</b>
Golden chickpea flatbread served with arugula, radicchio, sun-dried tomatoes and balsamic glaze	
<b>Farinata with Prosciutto</b>	<b>CI\$13</b>
Golden chickpea flatbread served with prosciutto di parma, arugula and shaved parmesan	
<b>Mozzarella Milanese</b> <span style="border: 1px solid green; padding: 0 2px;">v</span>	<b>CI\$13</b>
Breaded deep-fried fresh fior di latte mozzarella cheese with marinara or arrabbiata sauce	
<b>Mussels Marinara</b>	<b>CI\$13</b>
In a light spicy marinara sauce, fresh parsley served with garlic bread	

## SOUP

- Pappa al Pomodoro**  v  Vegan **CI\$7.5**  
Fresh tomato soup with Tuscan bread croutons
- Chef's Soup of the Day**  v **CI\$7.5**  
Ask your server
- Minestrone**  v  Vegan **CI\$8.5**  
Mixed vegetables with tomato sauce

## SALADS

Side / Regular

Add: chicken CI\$5 / avocado CI\$5 / shrimp CI\$6 / catch of the day CI\$9 / salmon fillet CI\$8

- Mista**  v  Vegan **6/9**  
Mixed greens, radicchio, shaved parmigiano, extra-virgin olive oil and lemon juice dressing
- Caesar**  v **6/9**  
Romaine lettuce, bread crostini, shaved parmesan cheese with caesar dressing
- Caprese**  v **6/9**  
Fresh mozzarella, fresh tomatoes, extra-virgin olive oil and balsamic glaze
- Primavera**  v **6/9**  
Mixed greens, arugula, cherry tomatoes, cucumbers, olives, shredded carrots, honey-mustard, extra-virgin olive oil dressing
- Florence**  v **6/9**  
Fresh spinach, asiago cheese, apple, almonds, fresh ricotta cheese, extra-virgin olive oil and balsamic vinaigrette dressing

## CREATE YOUR OWN PASTA

Choose between plain pasta and egg pasta (all home-made pastas are made fresh in-house).

Choose a portion size: medium or regular.

Choose a sauce: meat bolognese, tomato & basil, arrabbiata (spicy tomato), amatriciana, fresh pesto, alfredo sauce, 4-cheese, aglio olio e peperoncino, cacio e pepe, vegan vegetable bolognese

Add to pasta (medium/regular portion): chicken \$3/\$4, homemade Italian sausage \$3/\$4, meatballs \$3/\$4, shrimp \$4/\$5, salmon fillet \$4/\$5.

**Plain Pasta** **CI\$13**

Choose between: Spaghetti, fusilli, spaghettoni, rigatoni, gluten-free penne. Price for medium portion: \$10

**Egg Pasta** **CI\$13.50**

Choose between: Meat or ricotta and spinach ravioli, cheese ravioli, fettuccine, gigli gnocchi. Price for medium portion: \$10.50

## FRESH PASTA

**Spaghetti Bolognese** **CI\$13**

Homemade tomato meat bolognese sauce, basil. Medium portion: \$10

**Grandma's Cheese Ravioli** **CI\$13.50**

With Italian sausage, fresh herbs in a white wine and butter sauce. Medium portion: \$10.50

**Gnocchi** **CI\$13.50**

Homemade potato dumplings served with choice of bolognese sauce or 4-cheese or sorrentina sauce (tomato sauce and fresh melted fior di latte mozzarella cheese) . Medium portion: \$10.50

**Lasagna** **CI\$15**

Baked with bolognese sauce, bechamel, parmigiano reggiano and mozzarella cheese. Medium portion: \$11

**Spaghetti with Meatballs** **CI\$17**

Served with a sauce of meatballs, peeled tomato and fresh basil. Medium portion: \$13

**Spaghettoni Carbonara** **CI\$16**

Pancetta, creamy egg yolk, pecorino cheese and black pepper. Medium portion: \$13

**Rigatoni or Gnocchi alla Norcina** **CI\$16**

Homemade Italian sausage, fresh cream, truffle oil. Medium portion: \$13

**Fettuccine Chicken Alfredo** **CI\$17**

Fettuccine with grilled chicken breast and fresh Alfredo sauce. Medium portion: \$13

**Pink Gigli** **CI\$17**

Salmon with egg-gigli pasta served with a pink vodka sauce. Medium portion: \$13

## Seafood Spaghetti

CI\$18

Shrimp, mussels, baby clams, calamari with tomato sauce

## MAINS

### Eggplant Parmigiana

CI\$14

Layered eggplant, tomato sauce, mozzarella and parmesan with basil

### Marinated Grilled Chicken Breast

CI\$15

Served with choice of french fries, mashed potatoes or grilled vegetables

### Grilled Pork Chop

CI\$15

Served with choice of french fries, mashed potatoes or grilled vegetables

### Grilled 6 oz. N.Y. Steak

CI\$16

Served with red wine demi-glaze sauce and choice of french fries, mashed potatoes or grilled vegetables

### Chicken Parmigiana

CI\$16

Breaded chicken breast, tomato sauce, mozzarella cheese served with french fries

### Mahi Mahi Fillet or Salmon Fillet

CI\$19

Grilled, blackened or pan-fried, served with mashed potatoes and roasted mixed vegetables

## PIZZAS

7" / 12"

Add:

Pepperoni / ham / sausage / bacon / grilled or jerk or BBQ chicken / pineapple / caramelised onion / arugula / mushroom / artichoke / fresh tomatoes / red bell peppers / green peppers / jalapeños / black olives / extra fior di latte mozzarella cheese CI\$2

Prosciutto / truffle oil CI\$3

Whole wheat crust CI\$2

Gluten-free crust CI\$3

### Margherita

9/14

Tomato sauce, fresh fior di latte mozzarella cheese, basil

<b>Pepperoni</b>	<b>10/15</b>
Tomato sauce, fior di latte mozzarella cheese, pepperoni	
<b>Diavola</b>	<b>10/15</b>
Tomato sauce, fior di latte mozzarella cheese, spicy Napoli salami	
<b>Calzone</b>	<b>10/15</b>
Pizza-pocket with ham and fior di latte mozzarella cheese topped with tomato sauce	
<b>Hawaiian</b>	<b>10/15</b>
Tomato sauce, fior di latte mozzarella cheese, ham, fresh pineapple	
<b>Ham &amp; Mushroom</b>	<b>11/16</b>
Tomato sauce, fior di latte mozzarella cheese, Italian ham, mushrooms	
<b>Four-Cheese</b> <input type="checkbox"/>	<b>11/16</b>
Tomato sauce, fior di latte mozzarella, provolone, gorgonzola, parmesan cheeses	
<b>Napoli</b>	<b>11/16</b>
Tomato sauce, fior di latte mozzarella cheese, capers, anchovies	
<b>4-Seasons</b>	<b>11/16</b>
Tomato sauce, fior di latte mozzarella cheese, ham, mushroom, artichoke, olives	
<b>Vegetarian</b> <input type="checkbox"/>	<b>11/16</b>
Tomato sauce, fior di latte cheese, grilled eggplant, zucchini, artichoke, bell peppers	
<b>Caribbean</b>	<b>11/16</b>
BBQ sauce, tomato sauce, fior di latte mozzarella cheese, grilled or jerk chicken, red bell pepper, caramelized onion, scotch bonnet	
<b>Calabrese</b>	<b>12/17</b>
Tomato sauce, fior di latte mozzarella cheese, spicy Napoli salami and spicy capicollo, grilled eggplant, fresh tomatoes, smoked provolone cheese	
<b>Arugula</b>	<b>12/17</b>
Prosciutto di Parma, ricotta cheese, arugula, shaved parmesan	
<b>Classic</b>	<b>12/17</b>
Tomato sauce, fior di latte cheese, pepperoni, sausage, mushroom, onions, green peppers	
<b>Pane &amp; Pasta</b>	<b>12/17</b>
Tomato sauce, fior di latte cheese, Italian sausage, pepperoni, Italian ham, salami	

## **Tuna**

**12/17**

Tomato sauce, fior di latte mozzarella cheese, chunky tuna in olive oil, red onions

## **Trevigiana**

**12/17**

White pizza, fior di latte mozzarella cheese, Italian sausage, mushrooms, radicchio and topped with shaved parmesan and truffle oil

Last updated: Thu 04 Jan, 2024