



ISLAND NATURALS CAFÉ

Drink Menu

Address: Ground Floor, Sunbird House

Phone: (345) 945 2252

Cuisine: Healthy Eating

Delivery terms: Delivery available exclusively via Bento

Delivery times: From 7.30am-6pm

SMOOTHIES

Add protein: Natural, Vanilla or Chocolate Organic Brown Rice Protein / Natural Grass-fed Whey

Boost your smoothie: Bulletproof Brain Octane Oil

Green <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.75
Spinach, kale, banana, green supreme juice	
Chocolate Hemp <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.5
Hemp seeds, banana, cacao, cinnamon, dates, almond milk	
Tropical <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.5
Pineapple, mango, banana, coconut, almond milk	
Mango Blueberry <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.5
Mango, blueberry, banana, almond milk	
Breakfast <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.75
Granola, strawberries, banana, vanilla chai protein, almond milk	
Peanut Butter Chocolate Chip <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.5
Banana, chocolate chips, peanut butter, chocolate protein, oats, almond milk	
Flat Belly <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.5
Almond butter, blueberry, pineapple, kale, banana, coconut milk	
Strawberry Peanut Butter <input type="checkbox"/> v <input type="checkbox"/> Vegan	CI\$8.5
Strawberry, peanut butter, banana, almond milk	

Island Surprise <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$8.5
Strawberry, mango, pineapple, mint, coconut milk	
Espresso Hazelnut <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$8.75
Banana hazelnut, dates, cacao powder, vanilla extract, cacao nibs, espresso, almond milk	
Fruity Spirulina <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$8.75
Banana, mango, spinach, spirulina, hemp seeds, maple syrup, coconut milk	
Strawberry Goji <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$8.5
Banana, strawberry, goji berry, cinnamon, dates, almond milk	
Cranberry Cacao <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$8.5
Walnuts, cranberries, cacao powder, almond butter, banana, almond milk	
Kiwi Mojito <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$8.5
Banana, mint, pineapple, kiwi, spinach	

FRESH JUICES

Green Supreme <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$7
Celery, parsley, spinach, kale, green apple, red apple, ginger, cucumber, lemon	
Green Clean <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$7
Green apple, cucumber, pineapple, parsley	
Tropical Riddim <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$7
Orange, pineapple, carrot	
Ginger Beet <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$6.75
Beet, watermelon, ginger, red apple, lemon	
Morning Glow <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$6.75
Pineapple, celery, green apple	
Strawberry Watermelon <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$6.75
Watermelon, strawberry	
Strawberry Mint Lemonade <input type="checkbox"/> <input type="checkbox"/> Vegan	CI\$6.75
Strawberry, lemon, mint, raw cane sugar	
Celery Juice	CI\$6.75

Local Coconut Water

CI\$5

COFFEE

Make any coffee a large for CI\$1 extra

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender / Rose

Boosters: Bulletproof Brain Octane Oil / Superfood Mushrooms

All coffees are made with filtered water and a choice of coconut milk, almond milk, organic whole milk, organic 2% milk or organic half & half

Fresh Brewed Coffee	CI\$4
Latte	CI\$5.25
Cappuccino	CI\$5
Americano	CI\$4.50
Cafe Mocha	CI\$5.5
Red Eye	CI\$4.25
Flat White	CI\$5
Cortado	CI\$4
Espresso	CI\$3.5
Macchiato	CI\$3.5
Long Black	CI\$4.5

TEA

All teas are made with filtered water and a choice of coconut milk, almond milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half.

At Arbor Teas, their daily mission is to find the world's most fantastic organic teas and deliver them as sustainably as possible. From their exceptional collection of all organic and Fair Trade Certified® teas, to Carbonfree® business practices, to backyard compostable package, their passion is steeped in a desire to do worldly good and their vision is to remain organic to a tea.™

*Try these teas iced!

Black Teas

CI\$4

Apricot Black / Earl Grey / English Breakfast / Nilgiri Black */ Chai*

Green Teas

CI\$4

Bancha Green / Ceylon Green / Jasmine Green / Moroccan Mint* / Citrus Ginger Green* / Raspberry Green*

White Tea

CI\$4

Bai Mu Dan White

Oolong Tea

CI\$4

Makaibari Estate Oolong

Lemongrass Tea

CI\$4

Yaupon Lemongrass / Orange Spice Lemongrass Tisane (caffeine free)

Rooibos Tea (caffeine free)

CI\$4

Rooibos / Peach Rooibos

Herbal (caffeine free)

CI\$4

Chamomile Mint / Echinacea / Golden Ginger / Turmeric / Holy Basil / Nettle / Peppermint Crimson Berry*

SPECIALTY BEVERAGES

Add a shot of espresso

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender / Rose

Boosters: Bulletproof Brain Octane Oil / Superfood Mushrooms

All coffees are made with filtered water and a choice of coconut milk, almond milk, oat milk, organic whole milk, organic 2% milk or organic half & half

Chai Latte

CI\$5.50

Served hot or iced

Matcha Green Tea Latte

CI\$5.50

Served hot or iced

Golden Milk Latte

CI\$5.50

Served hot or iced

London Fog	CI\$5.50
Served hot or iced	
Hot Chocolate	CI\$5.5
Served hot or iced	

ICED BEVERAGES

Make any coffee large for CI\$1 extra!

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender / Rose

Boosters: Bulletproof Brain Octane Oil / Superfood Mushrooms

All coffees are made with filtered water and a choice of coconut milk, almond milk, oat milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half

Ice Cold Brew	CI\$4.75
Iced Latte	CI\$5.25
Iced Americano	CI\$4.5
Iced Mocha	CI\$5.5
Iced Brewed Coffee	CI\$4
Caramel Frappe	CI\$6.5
Mocha Frappe	CI\$6.5
Vanilla Frappe	CI\$6.5
Hazelnut Frappe	CI\$6.5

Last updated: Mon 18 Nov, 2024