



FERDINAND'S Lunch & Dinner Menu

Address: The Westin Grand Cayman Seven Mile Beach Resort & Spa

Phone: 1 (345) 945 3800

Cuisine: Caribbean Casual Dining

This is a sample menu. Prices and dishes may change at any time.

SOUPS

Cayman Conch Chowder **CI\$10**

Tortuga rum, conch sausage, potatoes, tomato

Chicken Noodles **CI\$8**

Egg noodles, celery, carrots, leeks, herbs

SALADS

Caesar **CI\$12**

Romaine lettuce, parmesan cheese, garlic focaccia crouton, marinated anchovy. Add: chicken CI\$8 / Mahi CI\$12 / grilled shrimp CI\$12

Heirloom Tomato & Compressed Watermelon Salad **CI\$12** GF

Feta cheese, mint, lime, Cayman sea salt, balsamic glaze

ISLAND FAVORITES

Lump Crabmeat Ravioli **CI\$18**

Mascarpone, fennel, leeks, roasted tomato broth, lemon zest

Cayman Ceviche with Market Greens **CI\$14** GF

Coconut, local seasoning peppers, shallots, ginger, lime

Island Conch Fritters **CI\$14**

Local greens, scotch bonnet pepper sauce, lime

Nepali Steamed Chicken Dumplings **CI\$16**

Scallions, garlic, ginger, cilantro, shallots, tomato chutney

BURGERS, SANDWICHES & FLATBREAD PIZZAS

Grilled Black Angus Burger	CI\$18
Lettuce, tomato, onion, pickle, brioche bun with a choice of cheddar, American, Swiss, pepper jack or blue cheese.	
Turkey Club Sandwich	CI\$14
Multigrain bread, bacon, avocado, Swiss cheese, lettuce, tomato, herb mayo	
Grilled Chicken Caesar Wrap	CI\$14
Hearts of romaine, marinated white anchovy, garlic breadcrumbs, parmesan, tomato, spinach tortilla	
Grilled Truffled Flatbread Pizza	CI\$16
Fontina, parmesan, mozzarella, Boursin, spinach, caramelized onion, truffle essence	

MAIN COURSES

Caribbean Seafood Rundown	CI\$36
Lobster, shrimp, snapper, onions, peppers, tomatoes, coconut milk, scotch bonnet pepper, flour dumplings, okra, pumpkin rice	
Banana Leaf Baked Red Snapper	CI\$28
Green onion, tomato, bok choy, carrot, peppers, escabeche sauce, jasmine rice	
New York Striploin	CI\$36
Herb fries, green beans, blistered shishito peppers, cherry tomato vinaigrette, lemon black garlic butter	
West Indies Roti	CI\$22
Curried vegetables, kachumber salad, mint chutney, raita	

DESSERTS

Caramel Banana Pecan Pie	CI\$10
Blueberry compote, fresh berries, Chantilly cream	
Sticky Toffee Pudding	CI\$10
Vanilla ice cream	

FRESH BY THE JUICERY

Carrot, Honeydew Melon, Turmeric Juice	CI\$8
Cucumber, Honeydew, Cilantro Juice	CI\$8
Pineapple, Cucumber, Mint Juice	CI\$8
Watermelon, Basil Juice	CI\$8

Last updated: Mon 16 Dec, 2024